

## **Umpire Coach Leadership Program**

The WorkSafe VCFL Umpiring Department has developed a new and exciting opportunity for Umpire Coaches - the Umpire Coach Leadership Program that aims to provide the participants with an experience like no other.

The Program is conducted across three days where the Umpire-Coaches are provided access to AFL Umpire Coaches and Umpires on match-days allowing them to gain a clear understanding on how match-day umpiring coaching in the AFL occurs.

This is followed by a review with a senior umpire where the participants learn about the umpiring team philosophy and support for each other. They are then engaged in a workshop developing a coaching philosophy, followed by a presentation from a sports dietician who outlined types of food intake and what affect these have on an athletes' performances.

Participants are also shown through the V.F.L. Umpire Training, Coaching and Administrative Centre at Victoria Park, Collingwood - arguably the best facility for football umpires in the country and where local level umpires progress to if they aspire to a VFL or AFL career.

Other activities include discussing coaching and building teams with the AFL Umpire Coaching Department and the AFL Umpiring Manager Jeff Gieschen and discussing development objectives with the AFL National Umpire Development Manager Jim Cail.

This Program is offered to participants in the AFL Umpire Coach PD Program and participants have been able to improve their coaching by implementing techniques learnt during this Program.