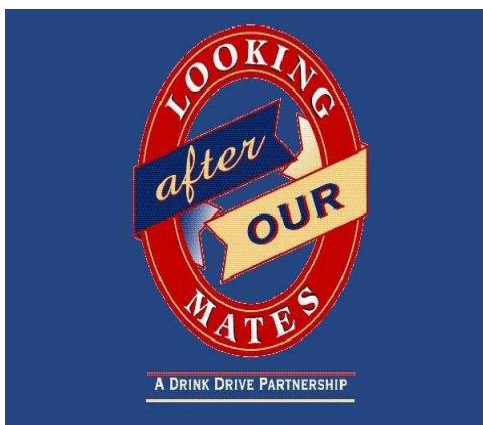


WorkSafe Victorian Country Football League

Looking After Our Mates Program

The WorkSafe VCFL in conjunction with RoadSafe is pleased to announce and promote the Looking After Our Mates Program (LAOM) for 2010.



Looking After Our Mates is an education session that aims to reduce the incidence and severity of crashes involving alcohol affected drivers, riders and pedestrians. The program aims to raise the awareness of the affects of alcohol including affects on the local community.

The sessions lasts for about an hour and can be easily facilitated to run after training. It is enjoyable and interactive and addresses drink and drug driving as a road safety issue, the affects of alcohol on the body and performance, calculating BAC (Blood Alcohol Concentrations), the law and strategies to avoid drink driving and making decisions affected by alcohol. It is about acting responsibly either as an individual or a club.

All clubs are urged to participate in this free program. The main message is a simple one about responsible drinking, driving and looking after our mates.

If your club is interested in doing the program, please contact either Dean Rice at the VCFL or Catherine Scott at RoadSafe.

Contact:

dean.rice@aflvic.com.au

or

catherine.scott@roads.vic.gov.au