



2010 HBA HIGHMARKS PROGRAM NOMINATION FORM

Close 5pm, Monday 7 June 2010

- Applications close at **5pm on Monday 7 June 2010**.
- Nominations open to male residents of Vic and Tas, aged between 14 to 16 yrs as of 28 June 2010.
- A maximum of 12 participants will be selected in the 2010 HBA HighMarks program
- Nominee is available to attend the HBA HighMarks from 28 to 30 June and 2 July 2010.
- Participants must be registered with a recognised AFL football club
- Include a passport size recent photo with the nomination
- Nominated players and their parents (guardians) should be informed of their nomination.
- *Note clothing sizing is measured on Men's sizing (shoes and clothes)

Nominated participant details (Nominee):			
First Name:		Surname:	
Date of Birth & Age:		Phone No. : (BH)	
Home Address (Street & no.):			
State (Vic/Tas):		Postcode:	City/Town:
Postal Address (Street & no.):			
State (Vic/Tas):		Postcode:	City/Town:
Email address:			
Height (cm):		Waist Size (cm):	Weight (Kgs):
*Shoe / Boot size (US):		*Guernsey size (S to XXL)	
*Polo / T-Shirt size (S to XXL):		*Shorts size (S to XXL)	
Football Club:		League / District:	
Preferred Name:		Playing position:	
School:		School Principal:	
School phone No.:			
Personal background: - max 50 words each			
Family (siblings):			
What is your goal or career aim in life?			
What other interests do you have outside of football?			
Nominated By:			
First Name:		Surname:	
Date of Birth:		Phone No.: (BH)	
What is your relationship to the participant?			
Home Address (Street & no.):			City/Town:
State (Vic/Tas):		Postcode:	
Email Address:			
Parent / guardian details (if not the person making nomination):			
First Name:		Surname:	
Phone No.: (BH)		Email Address:	
Home Address (Street & no.):			City/Town:
State (Vic/Tas):		Postcode:	
Please attach a statement detailing the reasons for the nomination against each of the four key criteria (maximum 300 words):			
<ol style="list-style-type: none"> 1. Leadership: Contribution towards building a stronger community in the area in which they live. 2. Courage: How they have overcome / recovered from the adversity or impact of the bushfires since 2009. 3. Teamwork: How they have demonstrated working with others to achieve a goal/s. 4. On field performance: Number of club games, League / Team / club awards, premierships etc 			
Signature of Nominator:		Date submitted:	

Submit all nominations to:

Attention – 2010 HBA HighMarks, Victorian Country Football League,
GPO Box 4337 Melbourne VIC 3001 or email: ycfl@aflvic.com.au
For further information phone Leischa on Tel: (03) 9535 3041





2010 HBA HIGHMARKS PROGRAM NOMINATION FORM

Close 5pm, Monday 7 June 2010

Media Release
Wednesday 12 May

Hawks and HBA continue bushfire recovery effort

Junior footballers from the bushfire ravaged regions of Victoria received a further boost to help in their recovery when HBA today announced 12 participants will be given the chance to train with the Hawthorn Football Club as part of the 2010 HighMarks program.

Importantly, to mark the announcement HBA also donated new goal posts to the Alexandra Football/Netball Club, which had not been able to fund replacements after their community oval was used to accommodate 500 tents for emergency service personnel who were helping those who lost their homes to the devastating bushfires last year.

Hawks premiership player Trent Croad joined HBA Ambassador and Hawthorn Legend Peter Hudson to call for nominations in the 2010 HBA HighMarks program from junior footballers who had their lives impacted by the bushfires and have demonstrated leadership within their local community.

Now in its seventh year, the program will provide the 12 participants with the opportunity to spend three days being mentored by Hawthorn's senior players, learning about healthy lifestyle choices, setting goals and the chance to go behind the scenes at an AFL game.

Peter Hudson said he was delighted to be able to support the courage and bravery displayed every day by residents of Alexandra and the surrounding communities in this way.

"Not only were whole communities destroyed in the 2009 bushfires but the lives of those who survived were changed forever and the path to rebuilding is a long journey," he said.

"And while it's only a small gesture, we hope that the donation of the goal posts and dedicating the HBA HighMarks program to children who have overcome the adversity of the bushfires will go some way to helping these courageous local communities."

Hudson went on to say these initiatives followed HBA's earlier donation of more than \$220,000 in support of the bushfire recovery efforts.

"We're delighted to partner with the Hawks to continue this support by giving 12 junior footballers in regional Victoria the chance to spend three days with some of their AFL idols."

Similarly, Croad said the Hawthorn players were looking forward to working closely with the aspiring young footballers many of whom have overcome greater obstacles than any sportsman could face on the competition arena.

The HBA HighMarks program will be conducted in the last week of June and is open to boys aged 14 to 16 years who are nominated by their coaches or parents. Nominations close on Monday 7 June and forms are available from the HBA, Hawthorn or Victorian Country Football League websites.

As one of Australia's leading private health insurers, the HBA HighMarks initiative aligns HBA's long term goal of helping people lead healthier, happier and longer lives.

Submit all nominations to:

Attention – 2010 HBA HighMarks, Victorian Country Football League,
GPO Box 4337 Melbourne VIC 3001 or email: vcfl@aflvic.com.au
For further information phone Leischa on Tel: (03) 9535 3041





2010 HBA HIGHMARKS PROGRAM NOMINATION FORM

Close 5pm, Monday 7 June 2010

A total of twelve (12) junior footballers from AFL football clubs within Victoria and Tasmania will be selected by the review panel to participate in the 2010 HBA HighMarks program. The selection will be assessed against the responses to the key criteria detailed in the nomination form.

The participants will be funded for:

- Accommodation and main meals (excludes phone calls and other ancillary costs)
- Clothing apparel to wear during program
- Travel between hotel accommodation and venues for the program only
- Training sessions and presentations
- Tickets to see a Hawthorn game

Further details of the program will be provided upon successful selection.

Program details:

Location: Waverley Park (Hawthorn FC)
Date: Monday 28 June – Wednesday 30 June
Times: 8.30am to approx 5pm each day
Hawthorn AFL game for Victorian participants:
Hawthorn v Western Bulldogs
MCG
Friday 2 July, 7.40pm

Hawthorn AFL game for Tasmanian participants:
Details to be confirmed

Nominees will be notified of their successful or not successful inclusion in the program by Tuesday 15 June 2010.

Proposed Itinerary (subject to change):

Monday 28 June

- Tour of Hawks Museum
- Welcome to HBA HighMarks by senior Hawthorn player mentor
- Tour by player mentor & Photo opportunity
- Lunch in Hawthorn players' kitchen
- Dinner with Hawthorn players

Tuesday 29 June

- Dietician presentation
- Presentation on Hawthorn recruiting process
- Medical and health tips
- Meet Hawthorn's Senior Coach – Alastair Clarkson
- HBA Positive Choices session

Wednesday 30 June

- Goal Kicking skills session
- Training session on Waverly Park
- Recovery and injury prevention session
- Swim training
- Program finishes

Friday 2 July

- On field goal kicking competition Hawthorn v Western Bulldogs (MCG)

Submit all nominations to:

Attention – 2010 HBA HighMarks, Victorian Country Football League,
GPO Box 4337 Melbourne VIC 3001 or email: vcfl@afvic.com.au
For further information phone Leischa on Tel: (03) 9535 3041

